

# Healing Gods and Goddesses

## Archetypes Retreat with Mira Riddiford

7 – 14 April 2019, Origins, Balingup (Near Perth) Western Australia



Explore a range of Divine Masculine and Feminine Archetypes in a purpose-built, beautiful Western Australian setting.

Learn about ancient Greek, Roman, Egyptian and Norse gods and goddesses in their healing forms. This is a wonderful opportunity to deepen your knowledge on this western form of empowerment and transformation.

### Meditations that encourage wellness, clarity of mind and joy:

- Discover more about familiar European gods and goddesses such as Athena, Aphrodite, Artemis, Apollo, Pan, Mercury, and Odin, along with lesser-known yet potent ones such as: Hygieia, Freyja, Hathor, Isis, Osiris, young Dionysus, Mithras and the great mother Cybele
- Experience for yourself methods that will help create a deeper, more intimate understanding of their healing powers
- Through art history, be fascinated to learn the hidden symbolism of gods and goddesses
- A meditation text similar in structure to a sadhana (though with short latin and greek mantras) will be given for the Roman god Mithras, an archetype (meaning pure form) of victory and friendship; and also the Greek god Pan, an archetype of joy and nature: mountain wilds, fields, groves and wooded glens

- All will be explained thoroughly, so there will be no problem in understanding for people new to this practice. Beginners to advanced meditators welcomed
- There will be plenty of time between class times to practice or to let your mind and body rest
- The retreat will be in refreshing silence other than class times, and teacher/student interviews. This will help calm our busy minds, in order to absorb the peace of this healing environment, and allow us to listen genuinely to ourselves and the natural world around us.

**Find out more:** Mira Riddiford's online classes have participants joining in from North America, Europe, and Asia. Based in New Zealand, with more than 20 years of daily practice, Mira has been trained through retreat work, study and apprenticeship in the Namgyal Rinpoche stream of teachings. Mira is a dynamic speaker, known for her humour, warmth, kindness, and dedication.  
[www.westernmysticism.com](http://www.westernmysticism.com)

**Course fee:** \$399 + dana for teachings, and accommodation. These figures include food and resources. They don't include any dana/donation to Mira for the teachings she will impart, or accommodation at Origins which is also by donation.

**Contact Louise:** [louisemair@hotmail.co.uk](mailto:louisemair@hotmail.co.uk) to register or for more information.

**Venue:** Origins Centre, 153-157 Jayes Road, Balingup  
Phone: 08 9764 1109. Email: [origins@iinet.net.au](mailto:origins@iinet.net.au).