

Need a RESET?

IMAGINE WAKING UP TO THE BIRDSONG
AMONGST THE BEAUTIFUL FOREST IN
GOOD COMPANY....

COME JOIN US TO BE HELD IN THE PEACE
OF ORIGINS CENTRE IN BALINGUP...AND
RECONNECT WITH YOUR HEART'S CALL....

Indulge in these nourishing offerings to
rejuvenate your body, revive your mind and
awaken your heart & spirit.

- Yoga
- Concious Dance
- Mindfulness
- Art Therapy
- Laughter Yoga
- Nature walks

Join the group or step out with yourself the
choice is yours.....

\$100 for 2 nights accommodation
Plus Dana (donation) for each workshop you
attend

Dinner provided first night
Pot Luck Lunches & Dinner

Contact Kate & Adam of Earth Spirit
Medicine on kate_lee@y7mail.com for
inquiries or to make a booking